Clwb Rhedeg Hebog – Cofnodion y Cyfarfod Blynyddol (AGM)

Dyddiad: 15 Ebrill

Amser: 6:30pm

Lleoliad: Y Ganolfan, Glanllyn, Porthmadog

Cadeirydd: Gonk Hughes

1. Croeso

Agorwyd y cyfarfod gan y Cadeirydd **Gonk Hughes**, a chroesawodd yr aelodau oedd yn bresennol.

2. Etholiad Swyddogion

Roedd y swyddi Cadeirydd, Trysorydd a Ysgrifennydd ar agor i'w hethol. Ni dderbyniwyd unrhyw enwebiadau newydd, felly cytunodd y swyddogion presennol i barhau yn eu rolau:

- **Cadeirydd:** Gonk Hughes
- **Trysorydd:** Richard Jones
- **Ysgrifennydd:** Iwan ap Trefor

Cadarnhawyd y bydd y swyddi'n aros yr un fath ar gyfer y flwyddyn i ddod.

3. Swyddogion Lles

Nodwyd bod angen i'r clwb gael **dau Swyddog Lles**—un gwrywaidd ac un benywaidd.

- **Swyddog Lles Gwrywaidd:** Gonk Hughes (yn parhau)
- **Swyddog Lles Benywaidd:** Cytunodd Lowri i ymgymryd â'r rôl ar ran y clwb.

4. Adroddiad y Trysorydd

Cyflwynodd y Trysorydd, **Richard Jones**, adroddiad ariannol y flwyddyn flaenorol.

Prif gwariant:

- Tâl mynediad i'r Fell Relays
- Tâl am rasys Traws Gwlad
- Parti Nadolig
- Tâl mynediad i'r Castle Relay (blwyddyn gyfredol)

Aelodaeth ac Incwm:

- Nid oedd ffioedd aelodaeth y llynedd yn creu incwm sylweddol, gan fod y rhan fwyaf o'r incwm yn talu costau cofrestru aelodau gyda Welsh Athletics.

- Eleni, codwyd ffioedd aelodaeth o **£30 i £35** i dalu costau cynyddol Welsh Athletics ac i greu ychydig mwy o incwm i'r clwb.
- Derbyniwyd incwm ychwanegol o:
    - Reoli gorsaf fwyd yn **Marathon Eryri** (Beddgelert)
    - Cefnogi'r ras **SheUltra**
- Mae arian ar gael o gyfrif **Trailffest** os bydd angen.

5. Arweinwyr Rhedeg – Nos Fawrth a Nos Iau

Tynnodd Richard sylw at yr angen am ragor o arweinwyr ar gyfer y rhediadau cymdeithasol nos Fawrth a nos Iau.

- Mae hyfforddiant ar gyfer arweinwyr newydd ar gael.
- Mynegodd sawl aelod newydd ddiddordeb ond maent am gael profiad cyn ymrwymo'n llawn.
- Bydd Richard yn creu grŵp WhatsApp ar gyfer yr arweinwyr newydd posibl.
- Bydd Iwan ap Trefor yn cydlynu rhai o'r rhediadau cymdeithasol sydd ar gael.

6. Dathlu 10 Mlynedd ers Ailsefydlu Hebog

Trafodwyd opsiynau ar gyfer nodi 10 mlynedd ers ailsefydlu'r clwb.

Cytunwyd mai'r opsiwn gorau fyddai annog cynifer o aelodau â phosibl i gymryd rhan yn ras Aberdaron Ffordd a Ffyrdd. Mae'r ras yn cynnig dewis rhwng llwybr ffordd yn unig neu ffordd a llwybrau.

Ar ôl y ras, bydd y clwb yn edrych ar y posibilrwydd o drefnu pizza i'r aelodau, yn dibynnu ar niferoedd ac argaeledd.

7. Unrhyw Fater Arall

Ni chodwyd unrhyw faterion pellach.

8. Dyddiad yr AGM Nesaf

Nid yw dyddiad ar gyfer yr AGM nesaf wedi'i bennu eto.

Hebog Running Club – Annual General Meeting Minutes

Date: 15 April

Time: 6:30pm

Venue: Ganolfan, Glanllyn, Porthmadog

Chair: Gonk Hughes

1. Welcome

The meeting was opened by Chair Gonk Hughes, who welcomed all members in attendance.

2. Election of Officers

The positions of Chair, Treasurer and Secretary were open for election. No new nominations were put forward. The current officers agreed to continue in their roles:

- **Chair:** Gonk Hughes
- **Treasurer:** Richard Jones
- **Secretary:** Iwan ap Trefor

All positions were confirmed to remain unchanged for the coming year.

3. Welfare Officers

It was noted that the club is required to have **two Welfare Officers**—one male and one female.

- **Male Welfare Officer:** Gonk Hughes (continuing)
- **Female Welfare Officer:** Lowri agreed to take on the role on behalf of the club.

4. Treasurer's Report

Treasurer Richard Jones presented the financial report for the previous year.

Main Expenditure:

- Fell Relays entry
- Cross Country race entries
- Christmas party
- Castle Relay entry (current year)

Income and Membership:

- Last year's membership fees did not generate significant surplus, as most income was used to cover Welsh Athletics registration costs.
- Membership fees have been increased from **£30 to £35** to cover rising Welsh Athletics fees and provide a modest additional income stream for the club.
- Additional income was received from:
- Manning a feed station at **Marathon Eryri** (Beddgelert)
    - Supporting the **SheUltra** race

- Funds remain available from the **Trailffest** account if required.

5. Run Leaders – Tuesday & Thursday Social Runs

Richard highlighted the need for more leaders to support Tuesday and Thursday night social runs.

- Training for new leaders is available.
- Several new members expressed interest but wish to gain experience before committing fully.
- Richard will create a WhatsApp group for prospective leaders.
- Iwan ap Trefor will help coordinate upcoming social runs.

6. Hebog 10-Year Anniversary Celebration

The club discussed options for marking the 10-year anniversary since Hebog was re-established.

It was agreed that the preferred option is to encourage as many members as possible to take part in the **Aberdaron Ffordd a Ffyrdd** event, which offers both road-only and mixed road/trail options.

Following the race, the club will explore arranging a group meal (pizza) nearby, depending on availability and numbers.

7. Any Other Business

No further items were raised.

8. Date of Next AGM

A date for the next AGM has not yet been set.